



# Summer Camps

Fredericksburg Parks and Recreation offers a variety of summer day camps to suit your child's interests. Camps are held at a variety of locations. Children will need transportation to each camp - Fredericksburg Parks & Recreation does not provide transportation. We have provided the following "Quick List" to help in your calendar scheduling. Details and complete camp descriptions follow on pages 26 - 34.

**Registration for all camps has already begun.** Many camps have filled, and are not listed in this catalog. Each camp listed below has limited space and fills on a first-come, first-served basis. Most of these camps require a special registration form at the time of registration. Forms are available at the Dorothy Hart Community Center, 408 Canal Street. Forms may be downloaded from the web at: <http://www.fredericksburgva.gov/PR/index.htm>

## Summer Camps still accepting registrations...

| Camp Name                | Ages         | Week of June 6    | Duration | Times              |
|--------------------------|--------------|-------------------|----------|--------------------|
| Safety Town              | 5-6 yrs      | June 6 - June 10  | 1 week   | 10:30am and 1:00pm |
| <b>Week of June 19</b>   |              |                   |          |                    |
| Up With the Arts         | K-6th grd    | June 19 - June 23 | 1 week   | 9:00am - 12:00pm   |
| Tennis Camp I            | 7 - 15 yrs   | June 19 - July 7  | 3 weeks  | 8am, 9am, 10am     |
| Art Camp                 | 8 - 14 yrs   | June 19 - June 23 | 1 week   | 9:00am - 12:00pm   |
| Field Hockey Camp        | 8 - 15 yrs   | June 19 - June 23 | 1 week   | 9:00am - 12:00pm   |
| Hook a Kid on Golf       | 8 - 14 yrs   | June 19 - June 23 | 1 week   | 9am, 10:15am, 5pm  |
| Soccer Camp              | 8 - 15 yrs   | June 19 - June 23 | 1 week   | 9:00am - 12:00pm   |
| Goal Keeper Clinic       | 8 - 15 yrs   | June 23           | 1 day    | 1:00pm - 4:00pm    |
| Musical Theatre Camp     | 8 - 12 yrs   | June 19 - 23      | 1 week   | 1:00pm - 5:00pm    |
| Comedy & Improv. Camp    | 13 - 17 yrs  | June 19 - 23      | 1 week   | 9:00am - 12:00pm   |
| <b>Week of June 26</b>   |              |                   |          |                    |
| Tot All Sport Camp       | 4 - 5 yrs    | June 26 - June 30 | 1 week   | 1:00pm - 2:00pm    |
| Rising Star Sports Camp  | 6 - 7 yrs    | June 26 - June 30 | 1 week   | 2:30pm - 4:00pm    |
| All Sports Camp          | 8 - 15 yrs   | June 26 - June 30 | 1 week   | 9:00am - 12:00pm   |
| Hot Tot Skating Camp     | 4 - 6 yrs    | June 26 - June 30 | 1 week   | 8:30am - 12:00pm   |
| Blue Ribbon Skating Camp | 5 - 14 yrs   | June 26 - June 30 | 1 week   | 8:30am - 3:45pm    |
| Ice Hockey 101 Camp      | 6 - 16 years | June 26 - June 30 | 1 week   | 8:30am - 4:00pm    |
| Lacrosse Clinic          | 8 - 15 yrs   | June 26 - June 28 | 3 days   | 9:00am - 12:00pm   |
| Production Camp I        | 8 - 16 yrs   | June 26 - June 30 | 1 week   | 1:00pm - 5:00pm    |
| Actor at Work Camp       | 13 - 17 yrs  | June 26 - June 30 | 1 week   | 9:00am - 12:00pm   |
| <b>Week of July 10</b>   |              |                   |          |                    |
| Summer Fun Festival      | PreK-6th grd | July 10 - July 21 | 2 weeks  | 9:00am - 12:00pm   |
| Basketball Camp          | 8 - 15 yrs   | July 10 - July 14 | 1 week   | 1:00pm - 4:00pm    |



# Summer Camps

## Summer Camps still accepting registration...

|                     |             |                   |        |                  |
|---------------------|-------------|-------------------|--------|------------------|
| Wrestling Camp      | 8 - 15 yrs  | July 10 - July 14 | 1 week | 9:00am - 12:00pm |
| Teen Adventure Camp | 7 - 9th grd | July 10 - July 14 | 1 week | 9:00am - 3:00pm  |
| Audition Camp       | 8 - 16 yrs  | July 10 - July 14 | 1 week | 1:00pm - 5:00pm  |

### Week of July 17

|                          |            |                    |         |                   |
|--------------------------|------------|--------------------|---------|-------------------|
| Hot Tot Skating Camp     | 4 - 6 yrs  | July 17 - July 21  | 1 week  | 8:30am - 12:00pm  |
| Pee Wee Tennis Camp      | 4 - 6 yrs  | July 17 - July 21  | 1 week  | 11:00am - 11:55am |
| Blue Ribbon Skating Camp | 5 - 14 yrs | July 17 - July 21  | 1 week  | 8:30am - 3:45pm   |
| Ice Hockey 101 Camp      | 6 - 16 yrs | July 17 - July 21  | 1 week  | 8:30am - 4:00pm   |
| Tennis Camp II           | 7 - 15 yrs | July 17 - August 4 | 3 weeks | 8am, 9am, 10am    |
| Musical Theatre Camp     | 13-16 yrs  | July 17 - July 21  | 1 week  | 1:00pm - 5:00pm   |
| Volleyball Clinic        | 8-15 yrs   | July 19- July 21   | 3 days  | 1:00pm - 4:00pm   |

### Week of July 24

|                     |            |                   |        |                   |
|---------------------|------------|-------------------|--------|-------------------|
| Pee Wee Tennis Camp | 4 - 6 yrs  | July 24 - July 28 | 1 week | 11:00am - 11:55am |
| Creative Arts Camp  | 4 - 7 yrs  | July 24 - July 28 | 1 week | 9:00am - 12:00pm  |
| Football Camp       | 8 - 15 yrs | July 24 - July 28 | 1 week | 5:00pm - 8:00pm   |
| Production Camp II  | 8 - 16 yrs | July 24 - July 28 | 1 week | 1:00pm - 5:00pm   |

### Week of July 31

|                         |            |                     |        |                  |
|-------------------------|------------|---------------------|--------|------------------|
| Creative Arts Camp      | 4 - 7 yrs  | July 31 - August 4  | 1 week | 9:00am - 12:00pm |
| Up With the Arts        | K-6th grd  | July 31 - August 4  | 1 week | 9:00am - 12:00pm |
| Horse Camp              | 7 & up     | July 31 - August 4  | 1 week | 8:30am - 12:30pm |
| Curtain Up!             | 8 - 18 yrs | August 1 - August 5 | 1 week | 1:00pm - 5:00pm  |
| D.C. United Soccer Camp | 8 - 16 yrs | July 31 - August 4  | 1 week | 9:30am - 12:30pm |
| Art Camp                | 8 - 14 yrs | July 31 - August 4  | 1 week | 1:00pm - 4:00pm  |

### Week of August 7

|                         |            |                      |        |                  |
|-------------------------|------------|----------------------|--------|------------------|
| Hot Tot Skate Camp      | 4 - 6 yrs  | August 7 - August 11 | 1 week | 8:30am - 12:00pm |
| Blue Ribbon Skate Camp  | 5 - 14 yrs | August 7 - August 11 | 1 week | 8:30am - 3:45pm  |
| Ice Hockey 101 Camp     | 6 - 16 yrs | August 7 - August 11 | 1 week | 8:30am - 4:00pm  |
| Starfires Dance & Cheer | 6 - 18 yrs | August 8 - August 10 | 3 days | 6:00pm - 9:00pm  |
| Horse Camp              | 7 & up     | August 7 - August 11 | 1 week | 8:30am - 12:00pm |

### Week of August 14

|                           |            |                       |        |                   |
|---------------------------|------------|-----------------------|--------|-------------------|
| Horse Camp                | 7 & up     | August 14 - August 18 | 1 week | 8:30am - 12:30pm  |
| Fencing Beginners Camp    | 8 yrs & up | August 14 - August 18 | 1 week | 10:30am - 12:30pm |
| Fencing Beginners Camp    | 8 yrs & up | August 14 - August 18 | 1 week | 1:00pm - 3:00pm   |
| Fencing Intermediate Camp | 8 yrs & up | August 14 - August 18 | 1 week | 1:00pm - 5:30pm   |

## Production Camp I -

### "Curses, Foiled Again!"

(Ages: 8 to 16 yrs)

Join us for this mysterious, melodramatic tale that weaves suspense, intrigue, and humor into an entertaining experience. Campers will explore a variety of theatrical elements which will culminate in a performance on Friday for friends and family.

4953.406 Mon-Fri, Jun 26 - Jun 30 1:00pm-5:00pm

1 Week Session

\$125 City, \$150 Non-City Resident

Dorothy Hart Community Center

Instructor: Stage Door Productions

Registration has already begun.

## Production Camp II -

### "Marlin the Magnificent"

(Ages: 8 to 16 yrs)

Forget Harry Potter! Forget Gandalf! Marlin the Magnificent is the funniest wiz of all with his broken wand and hopeless "spelling," he causes havoc wherever he goes! Campers will explore a variety of theatrical elements which will culminate in a performance on Friday for friends and family.

4953.407 Mon-Fri, Jul 24 - Jul 28 1:00pm-5:00pm

1 Week Session

\$125 City, \$150 Non-City Resident

Dorothy Hart Community Center

Instructor: Stage Door Productions

Registration has already begun.



### "Nailing the Audition" -

#### Audition Camp

(Ages: 8 to 16 yrs)

Get a head start on your next audition. Receive one on one coaching for delivering a monologue, singing a few bars, building a resume, dancing in an audition, cold readings, and improving your confidence. After this camp, campers will

be prepared to utilize their new skills to "nail" their next audition with their completed resume and headshot. Campers will perform their new audition material in a performance on Friday for friends and family.

4953.402 Mon-Fri, Jul 10 - Jul 14 1:00pm-5:00pm

1 Week Session

\$175 City, \$200 Non-City Resident

Dorothy Hart Community Center

Instructor: Stage Door Productions Staff

Registration has already begun.



### "Laugh It Up" -

#### Comedy & Improvisation Camp

(Ages: 13 to 17 yrs)

Polish your funny bone while participating in short skits, zany improvisations, and acting games and exercises designed for enhancing your comedic timing and talent. Campers will explore a variety of theatrical elements which will culminate in a performance on Friday for friends and family.

4952.401

Mon-Fri, Jun 19 - Jun 23 9:00am-12:00pm

1 Week Session

\$90 City, \$110 Non-City Resident

Walker-Grant Middle School

Instructor: Stage Door Productions

Registration has already begun.

### "The Actor at Work" -

#### Advanced Actors' Workshop

(Ages: 13 to 17 yrs)

This camp will focus on a variety of acting techniques. The more serious-minded camper will be provided with opportunities to refine their acting skills through a curriculum of movement, voice, scene study, and acting theories. Students will explore character development, script analysis, the use of emotions, and realistic acting. The camp will culminate in a performance of scenes and monologues on Friday for friends and family.

4953.401

Mon-Fri, Jun 26 - Jun 30

9:00am-12:00pm

1 Week Session

\$90 City, \$110 Non-City Res.

Dorothy Hart Community Ctr

Instructor: Stage Door Productions

Registration has already begun.



# Creative Camps

## Creative Arts Camp

(Ages: 4 to 7 yrs)

The young actor will be introduced to the vast world of visual and performing arts through music, movement, and imagination. Campers will explore a variety of theatrical elements which will culminate in a performance on Friday for friends and family.

4951.401 Mon-Fri, Jul 24 - Jul 28 9:00am-12:00pm

4951.402 Mon-Fri, Jul 31 - Aug 4 9:00am-12:00pm

1 Week Session each

\$90 City, \$110 Non-City Resident

Instructor: Stage Door Productions Staff

Registration has already begun.



## Art Camp

(Ages: 8 to 14 yrs)

Let your imagination run wild! Get your creative juices flowing with a variety of art experiences. Try your hand at drawing, painting and lots of other mediums. Explore art media and new techniques.

4950.401 Mon-Fri, Jun 19 - Jun 23 9:00am-12:00pm

4950.402 Mon-Fri, Jul 31 - Aug 4 1:00pm-4:00pm

1 Week Session each

\$125 City, \$150 Non-City Resident

Dorothy Hart Community Center

Instructor: Stage Door Productions Staff

Registration has already begun.



These visual and performing arts camps are co-sponsored by Frederickburg Parks and Recreation and Stage Door Productions. For more information on Stage Door Productions, visit them at [www.stagedoorproductions.org](http://www.stagedoorproductions.org).

## Musical Theatre Camp -

### "Guys and Dolls, Jr."

(Ages: 8 to 16 yrs)

Apply your musical theatre skills to this classic Broadway musical that is set in the 1940s New York City. This musical has many twists and turns in this hilarious, fast-paced story which is bright and very easy to sing. It is exuberant, irreverent and light-hearted, "Guys and Dolls, Jr." is considered by many to be "the perfect musical comedy - and a perfect introduction to the American musical theater." Campers will explore a variety of theatrical elements which will culminate in a performance on Friday for friends and family.

Ages: 8 to 12 years

4954.401 Mon-Fri, Jun 19 - Jun 23 1:00pm-5:00pm

Dorothy Hart Community Center (Thurs. & Fri held at Rapp. Library)

Ages: 13yrs to 16yrs

4954.402 Mon-Fri, Jul 17 - Jul 21 1:00pm-5:00pm

Dorothy Hart Community Center

1 Week Session each

\$125 City, \$150 Non-City Resident

Instructor: Stage Door Productions

Registration has already begun.

**Registration has already begun for these camps. Limited spaces remain in each camp. Sign up today!**

**Register for all camps at the Dorothy Hart Community Center, 408 Canal Street.**



Boys and girls alike enjoy getting theatrical this summer... with Parks & Recreation camps in drama, art, and more!





# Summer Fun Festival



## Morning camp for kids of all ages! SUMMER FUN FESTIVAL 2006

**July 10 - July 21, 2006  
(2 week program)**

**Monday - Friday, 9:00am - 12:00 noon  
at Hugh Mercer Elementary School  
\$70 City, \$85 Non-City Resident  
Special registration form required.**

**WHO?** Any child, age 4 (as of September 30, 2006) through 6th grade (during the 2005-2006 school year) is welcome in this program

**How to Register?** All children are grouped by grade level during the PRESENT SCHOOL YEAR (2005-2006). Children for the PEE WEE program MUST SHOW A BIRTH CERTIFICATE at the time of registration. Registration begins Tuesday, March 28 at 9:00am for City children and Tuesday, April 4 at 9:00am for all others. Deadline to register: June 8. \$10 late fee after June 8. Registration will CLOSE on Friday, July 2 at 9:00pm or when maximums in programs have reached, whichever comes first. Classes are filled on a first-come, first-served basis. NO ON-SITE REGISTRATION.

**Cost:** \$70 City residents \$85 Non-City residents.  
\$10 off the third child you register.

**Registration has already begun.  
Deadline to register: June 8  
(\$10 late fee after 6/8)**



### PEE WEE PROGRAM - LIMITED SPACES

A wonderful 2 weeks for your child who will enter Kindergarten in the Fall of 2007 (must be 4 years old by September 30, 2006) - **birth certificate required**. We've got nine days full of stimulating activities: arts & crafts, tumbling and movement, games, stories and cooking. Group size limited, so sign up early.

### PRESCHOOL PROGRAM - FULL

An exciting 2 weeks for your children who will enter Kindergarten in the Fall of 2006 (must be 5 years old by September 30, 2006) - **birth certificate required**. Your child will play games, sing songs, hear stories, tumble, do arts & crafts, and even cooking! Group size is limited; sign up early.

**FULL**

### KINDERGARTEN & GRADES 1 - 6 - LIMITED SPACES

Children register for this program using their current school grade (2005-2006 year). Each child chooses a tract containing six fun classes from the list for his/her age group. Classes are filled on a first-come, first-served basis. We do our best to give each child as many of his/her first tract choices as possible. The children attend three classes in week 1 and three more classes in week 2, so they experience a variety of activities. With everything from Cooking to Sports, Arts and Crafts to Science Experiments, your child will have a great time "exploring" the topics of his/her choice. And no matter what the choices, your child will have some "HOT FUN IN THE SUMMER TIME!"

**Pick up a registration form for complete details.**



## Starfires

### Starfires Dance & Cheer Camp

(Ages: 6 to 18 yrs)

Anyone age 6 - 18 is welcome to learn the exciting dance and pom routines from our experienced instructors, in this fast-paced, 3-night workshop. Learn the moves, chants and cheers the pros use! New routines and cheers this year, will keep the energy high! We'll keep you busy and you'll learn a lot— but most importantly, you'll have a great time! Bring a snack and water bottle. Wear shorts and tennis shoes. No experience necessary. Register early; our registration deadline is July 27. \$10 late fee after July 27.

3630.401

Tu/W/Th, Aug 8 - Aug 10 6:00pm-9:00pm  
3 Day Session

Dorothy Hart Community Center

\$38 City \$49 Non-City Resident  
(\$10 late fee after 7/27)

Registration deadline: July 27

Instructor: Starfires Staff

Registration has already begun.

☐ Special registration form required.



### Music, Drama, and Creative Play

June 19 - June 23 • July 31- August 4

(Sign up for week 1 or week 2!)

Monday - Friday, 9:00am - 12 noon

Alum Spring Park

\$40 City Resident, \$50 Non-City Resident

The Fredericksburg Parks and Recreation Department is delighted to once again sponsor our popular "Up With the Arts" program. Each child, who is currently in Kindergarten - 6th grade, will participate in activities that will help develop dramatic appreciation, are age appropriate, and just plain fun. We have three age groups, with limited space in each group, so register early.

**Group I - Kindergarten** - (must be in kindergarten during the 2005-2006 school year) In this age group we will be singing songs, learning poems, making puppets, and lots of other fun activities. We will also perform at the "grand finale," but we emphasize fun. Lots of play time and a chance to explore the park as well.

**Group II - Grades 1-2** (during 2005-2006 school year) Using their imaginations, props, costumes, and sets they design, this age group will travel through their imagination, acting out short plays and skits. You child will perform in the grand finale production. We'll also have plenty of time for nature walks, exploring the creek, and enjoying the park.

**Group III - Grades 3-6** (during the 2005-2006 school year) Our older group will produce a small play from start to finish - selecting parts, designing sets and simple costumes, rehearsal, and the final production! Lots of fun for everyone! The children will be exposed to music, drama, and lots of creative play, as well as some of the support work (such as costume and set design) that brings such a production together. They will also have art projects that compliment their dramatic work, and plenty of time for exploring the park, and free play. Everyone participates, gains a sense of accomplishment, and has lots of fun. On Friday, they will have their grand finale for family and friends, and a cast party to celebrate their accomplishments.

● Registration has already begun. ●

☐ Special registration form required.

## SAFETY TOWN



(Ages: 5 - 6 years)

Children are always pretending and wishing to be grown up. Safety town will allow kids to act like grown ups while learning the basic safety precautions that will keep them healthy and safe in years to come. Your child will explore aspects of being in a town where they will learn important traffic signals, stranger danger, fire prevention, bicycle safety, poison prevention, what to do in an emergency, personal safety and much more! Guest visitors will help us practice life-saving safety rules. Daily activities include field trips, guest speakers, stories, acting, crafts, singing, and hands-on fun! Age as of September 30, 2006.

2100.301 Mon-Fri, Jun 5 - Jun 9 10:30am-12:00pm

2100.402 Mon-Fri, Jul 24 - Jul 28 1:00pm-2:30pm

\$35 City, \$47 Non-City Resident per child

Registration has already begun.

1 Week Session each at Memorial Park  
(Rain site Dorothy Hart Community Center )

## Fencing Camp for Beginners

(Ages: 8 yrs and up)

Try out this new camp for everyone 8 and up. Learn the basic steps of foiling, and sly technique from our trained instructors. What are you waiting for? Bring the family to sign up for this sophisticated sport. You will need to bring \$20.00 (cash/check) to the beginning of class for equipment rentals (unless you have your own).

4444.407

Mon-Fri, Aug 14 - Aug 18 10:30am-12:30pm

4444.408

Mon-Fri, Aug 14 - Aug 18 1:00pm-3:00pm

1 Week Session each

\$45 City, \$60 Non-City Resident,  
plus \$20 equip. rental

Dorothy Hart Community Center

Instructor: Fencing Organization

Registration has already begun.



*Fencing is a great way to be active and have fun! Boys and girls alike enjoy learning this sport.*

## Fencing Camp for Intermediates

(Ages: 8 yrs and up)

Try out this new camp for everyone who has previously taken our fencing class or camp. Continue learning the basic steps of foiling, and sly technique from our trained instructors. You will need to bring \$20.00 (cash/check) to the first class for equipment rentals (unless you have your own).

4444.409

Mon-Fri, Aug 14 - Aug 18 1:00pm-5:30pm

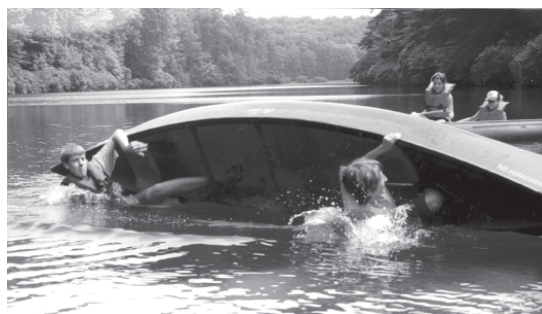
1 Week Session

\$145 City, \$193 Non-City Resident,  
plus \$20 equip rental

Dorothy Hart Community Center

Instructor: Fencing Organization

Registration has already begun.



*Teens practice "swamping their canoe" and making T-rescues during the Teen Adventure Camp.*

## Teen Adventure Camp

(Ages: 7-9th grade in 2005-2006 school year)

Celebrating our 10th season! Teens love this action-packed week. Our days at Motts Run Reservoir will be filled with team-building, racing to complete the Orienteering Course, swamping canoes and showing off our skills at firebuilding. Off site we'll enjoy canoeing and tubing on the Rappahannock River, capping off our week with a cookout and further fun-truly a week to remember! Locations will include Motts Run and the Virginia Outdoors Center. NOTE: Please fill out a camper registration form--for kids who were in 7th-9th grade during 2005/6 school year ONLY!

6030.401 Mon-Fri, July 10-14

9:00am-3:00pm

1 Week Session

\$120 City, \$150 Non-City Resident

Motts Reservoir and other locations.

Registration has already begun.

 Special registration form required.

## Horse Camp

(Ages: 6 yrs and up)

White Buffalo Horse Farm is providing a horse camp for boys and girls ages 6 and up, regardless of their riding experience. We will be getting on a horse everyday, working on trail riding skills and horse showing techniques including Western and English style of riding. General horse care and grooming will also be covered. Class size limited, so you horse lovers register early!

All camps held Mon-Fri, 9:00am-12:00pm

4354.401 Jul 31-Aug 5

4354.402 Aug 7- Aug 11

4354.403 Aug 14- Aug 18

1 Week Session each

\$ 275 City, \$300 Non-City Resident

White Buffalo Horse Farm

Instructor: Judy Watson

Registration has already begun.





# Sports Camps

**Summer Camp Registration  
has already begun. Limited spaces.  
Sign up today!**

## Hook A Kid On Golf

(Ages: 8 to 14 yrs)

Join this exciting new program while learning a sport you can enjoy for a lifetime. Participants will receive four days of instruction, along with a starter set of clubs, a golf shirt, and all the items needed to begin playing this wonderful sport. The final day we will take our new skills to the course and play a few holes. Age determination date: July 1, 2006. No age waivers.



1550.402 Mon-Fri, Jun 19 - Jun 23 1 Week Session

(Young) 9:00am-10:00am M-Th

(Older) 10:15am - 11:15am M-Th

(All students will meet 5:00pm-8:00pm on Friday)

\$135 City and Non-City Residents (includes supplies)

New Post Golf Range

Registration has already begun.

Special registration form required.

## Red Zone Football Camp

(Ages: 8 to 15 yrs)

Fredericksburg Parks and Recreation is proud to host the 16th annual Youth Football Skills Camp. Learn the basic skills prior to the season while having a GREAT TIME!!! Age determination date: August 1, 2006. No age waivers.



1285.403 Mon-Fri, Jul 24 - Jul 28 5:00pm-8:00pm

1 Week Session at New Walker-Grant Middle School

\$30 City, \$50 Non-City Residents, \$10 late fee after Jun 29

Registration has already begun.

Deadline to register: 6/29

Special registration form required.

## Attention football players!

Sign up for the Fall Youth Football League  
Registration begins: June 13 City, June 20 Non-City  
Deadline to register: July 13, 2006  
Don't miss out on this fall league!

## Sky High Basketball Camp

(Ages: 8 to 15 yrs)

The SKY HIGH basketball camp is five days of basketball designed to increase the player's skills and court knowledge in a fun and non-competitive environment. Age determination date: August 1, 2006. No age waivers.



1210.403 Mon-Fri, Jul 10 - Jul 14 1:00pm-4:00pm

1 Week Session at New Walker-Grant Gymnasium

\$30 City, \$50 Non-City Resident, \$10 late fee after 6/29

Registration has already begun.

Deadline to register: 6/29

Special registration form required.



## Pound for Pound Wrestling Camp

(Ages: 8 to 15 yrs)

Join us for our 6th annual Youth Wrestling Camp. Learn holds, shots, and pinning combinations from our excellent staff. It's a week of hard-driving fun.. Age determination date: July 15, 2006. No age waivers.

1210.404 Mon-Fri, Jul 10 - Jul 14 9:00am-12:00pm

1 Week Session at Hugh Mercer Gymnasium

\$30 City, \$50 Non-City Resident, \$10 late fee after 6/29

Registration has already begun.

Deadline to register: 6/29

Special registration form required.

## Volleyball Clinic

Ages: 8 to 15 yrs)

Learn a skill, play the sport, have Fun! This clinic will teach the basic skills of volleyball. Skills like, passing, setting, serving underhand and overhand, and spiking will be taught. You will also learn some game strategy and have fun playing the game of Volleyball. Age determination date: August, 1, 2006. No age waivers.

1810.402 Tue-Thur, July 19-July 21 1:00pm-4:00pm

3 Day Session at Walker Grant Middle School

\$20 City, \$30 Non-City Resident

Registration has already begun.

Deadline to register: 6/29

Special registration form required.

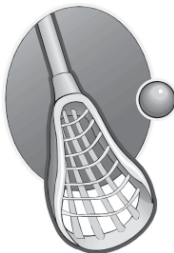


# Sports Camps

## Lacrosse Clinic

(Ages: 8 to 15 yrs)

NEW!! Learn America's fastest growing team sport during our New Lacrosse Clinic. Participants will be taught throws, checks, and defensive strategies during this three day clinic. \*Players must provide their own sticks and any gear they may need. Age determination date: July 1, 2006. No age waivers.



1290.402 Mon-Wed, Jun 26 - Jun 28 9:00am-12:00pm

3 Day Session at Dixon Park Field

\$20 City, \$30 Non-City Resident, \$10 late fee after 6/15

Registration has already begun.

Deadline to register: 6/15

Special registration form required.

## Challenger Soccer Camp

(Ages: 8 to 15 yrs)

Join Fredericksburg Parks and Recreation for their 17th Annual Youth Soccer Camp. The participants get a chance to work on dribbling, passing, shooting, and game strategy while having lots of fun. Age determination date: July 1, 2006. No age waivers.

1220.405 Mon-Fri, Jun 19 - Jun 23 9:00am-12:00pm

1 Week Session at Dixon Street Park Field

\$30 City, \$50 Non-City Resident, \$10 late fee after Jun 8

Registration begins: 3/28 City and 4/4 Non-City

Deadline to register: 6/8

Special registration form required.

## Goal Keeper Clinic

(Ages: 8 to 15 yrs)

Learn the skills needed to play goalie for your recreation, school or select team. We will teach you ways to cut angles, distribute the ball, and set up your defense. Age determination date: July 1, 2006. No age waivers.

1220.403 Fri, Jun 23 1:00pm-4:00pm

1 Day Session at Dixon Street Park Field

\$10 City, \$15 Non-City Resident, \$10 late fee after Jun 8.

Registration has already begun.

Deadline to register: 6/8

Special registration form required.

## Field Hockey Camp

(Ages: 8 to 15 yrs)

Learn stick handling, strategy, defensive positioning, and goal keeping skills from top area coaches and players. Age determination date: July 1, 2006. No age waivers.



1280.402 Mon-Fri, Jun 19-Jun 23 9:00pm-12:00pm

1 Week Session at Dixon Park Field

\$30 City, \$50 Non-City Resident, \$10 late fee after Jun 8

Registration has already begun.

Deadline to register: 6/8

Special registration form required.



## D.C. United Soccer Camp

(Ages 8 to 16 yrs)

Come and learn from professional D.C. United youth coaches. The focus of the program will be teaching the necessary individual techniques and tactics of soccer through a fun and challenging curriculum. All participants will get a ball and a t-shirt along with several other great benefits. Sign up for this camp with D.C. United directly by contacting them at (202) 587-5468 or [www.dcunited.com](http://www.dcunited.com).

Mon-Fri, July 31 - August 4 9:30am-13:30pm

\$160 City and Non-City Residents

Held at Dixon Park Soccer Fields

Registration has already begun.

All registrations go to D.C. United (for more information, call 202-587-5468 or go to [www.dcunited.com](http://www.dcunited.com)).

## Birth Certificate is required for all sport camps.

If we have not already seen your child's proof of age, then please bring it with you to sign up for our sport camps. Proof of age is: Birth certificate, passport, military i.d., school i.d. or medical records that indicate the child's birthdate.



## Tennis Camps

(Ages: 7 to 15 yrs)

Our summer camps offer opportunities for everyone - basics for beginners, repetition for advanced beginners, strategy and competition for intermediates, and challenging drills and mental concepts for the advanced. Camps meet for 2 weeks of instruction, followed by three optional days of

tournament play. For ages 7-15, limited enrollment. Age determination dates: July 15th for Camp I and August 15th for Camp II. No age waivers.

### June/July Camps - Jun 19 - Jul 7

|          |         |                 |
|----------|---------|-----------------|
| 1680.405 | Camp IA | 8:00am-8:50am   |
| 1680.409 | Camp IB | 9:00am-9:50am   |
| 1680.425 | Camp IC | 10:00am-10:50am |

### July/August Camps - Jul 17 - Aug 4

|          |          |                 |
|----------|----------|-----------------|
| 1680.426 | Camp IIA | 8:00am-8:50am   |
| 1680.427 | Camp IIB | 9:00am-9:50am   |
| 1680.428 | Camp IIC | 10:00am-10:50am |

3 Week Sessions each

Memorial (Kenmore) Tennis Courts

\$35 City, \$55 Non-City Resident

Registration has already begun.

Deadlines: June 8th for Camp I and June 29 for Camp II

☑ Special registration form required.

## Pee Wee Tennis Camps

(Ages: 4 to 6 yrs)

Summer camps are also available for the little ones, ages 4 - 6. Sessions will meet for one week, 50 minutes each day, Monday-Friday. We'll use slower bouncing foam balls, smaller racquets, shorter nets, and lots of teaching aids to create a greater chance for success for everyone. It's a great way to start children on a lifetime of tennis. Limited spaces available. Age determination dates: July 15th for Clinic I and August 15th for Clinic II. No age waivers.

|          |                        |                 |
|----------|------------------------|-----------------|
| 1710.409 | M - F, Jul 17 - Jul 21 | 11:00am-11:50am |
| 1710.410 | M - F, Jul 24 - Jul 28 | 11:00am-11:50am |

1 Week Session each at Memorial (Kenmore) Tennis Courts

\$25 City, \$42 Non-City Resident

Registration has already begun.

Deadlines: June 8th for Camp I and June 29 for Clinic II

☑ Special registration form required.

Proof of age is required for all sport camps.



*Boys and girls alike enjoy shooting hoops during the Tot All-Sports Camp.*

## Tot All Sports Camp

(Ages: 4 to 5 yrs)

In this week long camp, participants will have an opportunity to learn some of the basics of soccer, baseball, hockey, and basketball while having lots of fun. Age determination date: August 1, 2006. No age waivers.

1910.405 Mon-Fri, Jun 26 - Jun 30 1:00pm-2:00pm

1 Week Session at New Walker-Grant Gym

\$25 City, \$42 Non-City Resident, \$10 late fee after Jun 15

Registration has already begun.

Deadline to register: 6/15

☑ Special registration form required.

## Rising Star Sports Camp

(Ages: 6 to 7 yrs)

Our newest camp program features activities designed to promote skill development in a variety of sports, sportsmanship, and a whole lot of fun for your 6 and 7 year old. Age determination date: August 1, 2006. No age waivers.

1910.414 Mon-Fri, Jun 26 - Jun 30 2:30pm-4:00pm

1 Week Session at New Walker-Grant Gym

\$20 City, \$30 Non-City Residents, \$10 late fee after Jun 15

Registration has already begun.

Deadline to register: 6/15

☑ Special registration form required.

## All Sports Camp

(Ages: 8 to 15 yrs)

Participants will have an opportunity to learn soccer, baseball, basketball, volleyball, football, kickball, field hockey, golf, ultimate frisbee, handball, tennis, and lawn games during this week long camp. Age determination date: August 1, 2006. No age waivers.

1910.404 Mon-Fri, Jun 26 - Jun 30 9:00am-12:00pm

1 Week Session at New Walker-Grant Gym

\$30 City, \$50 Non-City Resident, \$10 late fee after Jun 15

Registration has already begun.

Deadline to register: 6/15

☑ Special registration form required.

## Hot Tot Skating Camp

(Ages: 4 to 6 yrs)

This camp is for the young skater who has never skated before or is in our Tot or Mighty Mites program. Camp includes an hour of instruction and off ice activities. Skaters will have a chance to learn a short number to perform in our show on Friday.

Optional Extra Services and Weekly Fees:

- Pre camp drop off 8:00-8:30am \$25.00
- Post camp pick-up 4:00-5:30pm \$25.00
- Pre and post camp \$40.00
- Provided Lunch \$25.00
- Rental Hockey Equipment \$25.00

Please be sure to wear clothing and shoes suitable for exercising off the ice, and bring gloves, warm clothes, lunch and a snack.



|          |                          |                |
|----------|--------------------------|----------------|
| 1540.423 | Mon-Fri, Jun 26 - Jun 30 | 8:30am-12:00pm |
| 1540.424 | Mon-Fri, Jul 17 - Jul 21 | 8:30am-12:00pm |
| 1540.425 | Mon-Fri, Aug 7 - Aug 11  | 8:30am-12:00pm |

1 Week Session each

\$165 City, \$175 Non-City Resident (includes skate rental) (Please see optional fees listed above for early drop-off.)

Fredericksburg Ice Park

Registration has already begun.

## Blue Ribbon Summer Fun Skating Camp

(Ages: 5 to 14 yrs)

This summer fun camp is for skaters ages 5-14 who have never skated before or are in our skating school through delta level. Instruction is provided twice a day with 3 1/2 hours of ice time daily, along with off ice activities. The week culminates with a themed skating show on Friday. Optional Extra Services and Weekly Fees:

- Pre camp drop off 8:00-8:30am \$25.00
- Post camp pick up 4:00-5:30pm \$25.00
- Pre and Post camp \$40.00
- Provided Lunch \$25.00

Please be sure to wear clothing and shoes suitable for exercising off the ice, and bring gloves, warm clothes, lunch and a snack. (Lunch is provided for an additional \$25) Skate rental is included in camp costs.



|          |                          |               |
|----------|--------------------------|---------------|
| 1540.406 | Mon-Fri, Jun 26 - Jun 30 | 8:30am-3:45pm |
| 1540.407 | Mon-Fri, Jul 17 - Jul 21 | 8:30am-3:45pm |
| 1540.408 | Mon-Fri, Aug 7 - Aug 11  | 8:30am-3:45pm |

1 Week Session each

\$265 City, \$275 Non-City Resident (includes skate rental) (Please see optional fees listed above for early drop-off, late pick-up, lunch, and more)

Fredericksburg Ice Park

Registration has already begun.

## Ice Hockey 101 Camp

(Ages: 6 to 16 yrs)

This camp is for the aspiring hockey player interested in learning more about the game in a fun and relaxed atmosphere. Campers with no experience as well as campers who have been through our learn to play Hockey program (Mighty Mites, and Hockey Initiation are welcome) SOME SKATING EXPERIENCE IS NECESSARY. Instruction is provided twice a day with 3 and half hrs of ice time. There will be on ice classes as well as stick handling and shooting drills. There will also be off ice conditioning and drills. The week culminates with a scrimmage on Friday at 2:30.

Extra Services and Weekly Fees:

- Pre camp drop off 8:00-8:30am \$25.00
- Post-camp pick-up 4:00-5:30pm \$25.00
- Pre and Post camp drop-off / pick-up \$40
- Provided Lunch \$25.00
- Rental Hockey Equipment \$25.00

Please be sure to wear clothing and shoes suitable for exercising off the ice, and bring gloves, warm clothes, lunch and a snack. (Lunch is provided for an additional \$25.) Skate rental is included in camp cost.

|          |                          |               |
|----------|--------------------------|---------------|
| 1540.433 | Mon-Fri, Jun 26 - Jun 30 | 8:30am-4:00pm |
|----------|--------------------------|---------------|

|          |                          |               |
|----------|--------------------------|---------------|
| 1540.434 | Mon-Fri, Jul 17 - Jul 21 | 8:30am-4:00pm |
|----------|--------------------------|---------------|

|          |                         |               |
|----------|-------------------------|---------------|
| 1540.435 | Mon-Fri, Aug 7 - Aug 11 | 8:30am-4:00pm |
|----------|-------------------------|---------------|

1 Week Session each

\$265 City, \$275 Non-City Resident (Please see optional fees listed above for early drop-off and lunch.)

Fredericksburg Ice Park

Registration has already begun.



Register for all camps at the Parks and Recreation office. All skating camps are held at the Fredericksburg Ice Park in Central Park.